

# GOOD MORNING!

## ON THE LIGHTER SIDE

### VERMONT'S GREEN MOUNTAIN

Green Mountain vanilla Greek yogurt, seasonal fruit, topped with low fat granola and served with local toast.....\$6

### THE HEALTHY START

Choice of cold cereal or oatmeal with house made maple crumb topping served with fresh fruit and local toast.....\$6 Add fresh berries or bananas when available.....\$2

## EGGS, OMELETS & SWEETS

VERMONT FARM FRESH EGGS SERVED WITH LOCAL BAKED BREADS, FRUIT & SEASONED YUKON POTATOES WITH SAUTÉED RED ONION

### SIMPLE EGGS

One, two or three eggs any style of your choice.....\$6

### THE GREEK SUNRISE OMELET

Sautéed spinach, red onions, Kalamata olives, roasted tomatoes and Feta cheese.....\$8

### THE MEXICAN OMELET

Sautéed green & red peppers, onions and pepper jack cheese topped with house made salsa.....\$8

### PROTEIN POWER EGG WHITE OMELET

Fresh cracked egg whites, fresh herbs, grape tomatoes, broccoli and mushrooms lightly topped with melted Cabot cheddar.....\$7 Add lean black forest ham.....\$2

### CREATE YOUR OWN OMELET { CHOOSE FROM THE FOLLOWING }

Tomatoes, onions, green & red peppers, mushroom, spinach, broccoli, ham, bacon, sausage, American, Swiss or Cabot cheddar cheese.....\$8

### THE J.MORGAN'S

Three eggs any style, two pancakes or French toast, potatoes, two slices of bacon and one sausage.....\$9

### THREE FLUFFY BUTTERMILK PANCAKES, THICK SLICED FRENCH TOAST -or- A CLASSIC BELGIAN WAFFLE.....\$7

Add blueberries, strawberries, or bananas when available.....\$2 -or- chocolate chips or toasted pecans.....\$2.5

## BENEDICTS & SPECIALTY BREAKFASTS { BENEDICTS SERVED UNTIL 10 AM }

### LOBSTER BENEDICT

The meat of a whole Maine lobster, poached eggs and fluffy hollandaise over English muffins.....\$18

### EGGS BENEDICT -or- EGGS FLORENTINE

Poached eggs with Canadian bacon or fresh baby spinach topped with fluffy hollandaise sauce over English muffins.....\$8

### BREAKFAST SANDWICH

Everything bagel or English muffin split and grilled with two eggs, ham, bacon or sausage and topped with Cabot cheddar cheese.....\$8

### CORN BEEF HASH & EGGS

Homemade corn beef hash with poached eggs and potatoes.....\$8

### LOX

North Atlantic cured salmon with cream cheese, tomatoes, red onion and capers on rye toast or an everything bagel.....\$12 Add an egg.....\$2

## BEVERAGES & A LA CARTE

VERMONT COFFEE CO. COFFEE -or- TAZO TEA.....\$2.5 JUICE.....\$2.5 MILK.....\$2 BLOODY MARY.....\$7 MIMOSA.....\$5

ONE EGG ANY STYLE.....\$2.5 TOAST OR ENGLISH MUFFIN.....\$2 {3} STRIPS OF BACON OR VT MAPLE SAUSAGE LINKS.....\$4

POTATOES.....\$2 ONE PANCAKE OR FRENCH TOAST.....\$3 FRESH FRUIT BOWL.....\$4 COLD CEREAL.....\$3

CORN BEEF HASH.....\$3 HAM STEAK.....\$4 NY STRIP BREAKFAST STEAK.....\$8

The State of Vermont requires that all restaurants post the following notice: \*\*Consuming raw or undercooked meats, poultry, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions\*\*

**For parties of six or more and parties with separate checks, an 18% gratuity will be added to your bill.**