

THE CONTINENTAL

Brewed Regular and Decaffeinated Starbucks Coffee and Assorted Tazo Teas
Your Choice of Two: Fresh Orange Juice, Cranberry Juice, Apple Juice, or Grapefruit Juice.
Your Choice of Two: Fresh Warm Muffins, Chef Assorted Pastries, Bagels with Cream Cheese, Warm Cinnamon Rolls, or Homemade Toast with Jam.

\$6.99

Add Fresh Seasonal Fruit

\$8.99

Add an Egg Sandwich on a Thomas English Muffin with Canadian Bacon and Cheese.

\$11.99

MORNING BREAKS (A LA CARTE)

Freshly Brewed Starbucks Coffee & Tazo Tea \$2.50

Homemade La Panciatta Toast with Cabot Butter and Assorted Jellies \$3.00

Fresh Baked Muffin Assortment \$2.50

Warm Cinnamon Rolls with Melted Icing \$2.50

Assorted Scones \$2.50

Assorted Warm Danish \$2.50

Apple Turnovers \$2.50

Bagels with Cream Cheese & Assorted Jams \$3.25

Fresh Seasonal Fruit Tray \$3.50

Your Choice of Two Assorted Juices:

Fresh Orange Juice, Cranberry Juice, Apple Juice or Grapefruit Juice \$2.50

AFTERNOON BREAKS (A LA CARTE)

Assorted Soft Drinks or Vermont Pure Bottled Water (on consumption) \$2.25

Sparkling Fruit Punch, Lemonade or Ice Tea (Sweetened or Unsweetened) \$18 (per gallon)

Fresh Baked Assorted Cookies \$2.25

Homemade Chocolate Brownies \$2.50

Frosted Cream Cheese Brownies \$3.00

Rice Krispy Treats \$2.25

Seven Layer Bars \$3.00

Baked Lemon Squares \$2.50

Gourmet French Bread Pizza (Vegetarian or Meat) \$4.00

Assorted Vegetable & Cheese Platter
\$150 (Serves 50)
\$80 (Serves 25)

Assorted Cheese & Fresh Fruit Platter
\$150 (Serves 50)
\$80 (Serves 25)

Country Snack: Warm Apple Crisp, Vermont Cheddar Cheese & Crackers, Warm or Cold Apple cider (when avail.), Lemonade or Ice Tea \$7.50

Break Rules & Requirements:

A \$40 minimum break order is required. Ordering Break food a la carte DOES NOT include a private banquet room rental. A guaranteed number of guests are due (3) business days prior. Your group will be charged for this guarantee or the actual guests served, whichever is greater. Please add applicable Vermont Rooms & Meals Tax and 18% Service Charge.

THE CAPITOL BREAKFAST BUFFET

Starbucks Coffee and Assorted Tazo Teas
Fresh Orange Juice, Cranberry Juice and Milk
Assorted Fresh Baked Muffins

Choose one of the Following:

Scrambled Eggs

Mini Quiches

Eggs Benedict (add \$1.00)



Bacon or Sausage

Seasoned Home Fried Potatoes

Assorted Homemade Breads & Jams with Toaster

\$11.99

THE CAPITOL BREAKFAST BUFFET *PLUS*

Seasonal Fresh Fruit & Yogurt

Bacon & Sausage

French Toast or Pancakes

\$14.99

Breakfast Rules & Regulations:

A Private Banquet room is included for a minimum of 20 guests. A guaranteed number of guests are due (3) business days prior. Your group will be charged for this guarantee or the actual guests served, whichever is greater. Please add applicable Rooms & Meals Tax and 18% Service Charge.